

## Alexandra Jones

### Professional Qualification

**BSc Hons Occupational Therapy**. University of Exeter. 2004

### Professional Memberships

**British Association of Occupational Therapists**  
**HCPC**  
**CMSUK**  
**BABICM**  
**Special Section for Neurological Practice**

### Membership number

**BT0227675**  
**OT40833**  
**12-1115-A**  
**2205**  
**N6439**

### Location

**South East**, Alex is based in Brighton and has a 2 hour capture area

### Clinical Skills and Expertise

Alex currently provides highly specialist rehabilitation to clients with complex clinical needs including brain injury, complex trauma, and amputation. She is a current practicing Occupational Therapist with very high skill levels in observation within functional assessment and the impact that any injury may impose on an individual. Alex can also identify appropriate professionals and those rehabilitation needs that may be met through treatment and or adaptation of environments in order to reduce and or remove the dependency on others.

Alex has worked within the NHS, Ministry of Defence and private sector and the variety of these settings has provided her with those skills and abilities to communicate on a multitude of levels. Since qualifying as an OT, Alex has developed some excellent core skills and these have all been useful to bring to the field of case management. She is experienced in all of the following areas:

- **Neurology**
- **Orthopaedics**
- **Brain injury**
- **Vocational**
- **Spinal injuries**
- **Palliative care**
- **Visual impairment**
- **Rapid intervention**
- **Hand Therapy**

### Key Case management skills

- Managing multi-disciplinary teams, working across statutory and private agencies, ensuring the correct level of support is delivered in a timely manner.
- Excellent knowledge of local services, always maintaining good working relationships with NHS clinical teams allowing her to work efficiently and effectively.
- Highly effective advocate and facilitator for clients
- Outstanding communication skills with clients, carers, families and agencies involved

- Awareness of proportionality in terms of cost
- Intervention clinically reasoned to all stakeholders.
- Use of outcome measures and evidence based practice enables clear identification of goals, monitoring of progress and effectiveness of treatment.
- Effective at motivating clients in order to achieve their goals.

### Personal Profile

Alex has worked in case management since 2010, having qualified as an Occupational Therapist in 2004. She has worked in a wide variety of clinical areas both privately and in the NHS. Alex has led on research, clinical evaluation, and audit, some of which is complex and multi-faceted, for the OT service in which she worked and provides specialist clinical advice and teaching on rehabilitation, particularly on vocational rehabilitation, to OT staff, undergraduate students, members of the multidisciplinary team, and external agencies/organisations as requested. . Important points to note are that client centeredness and being the client's advocate is a high priority for Alex.

### Professional Work Summary:

#### January 2010– to Date

**Unite Professionals Ltd –**  
Case Manager.

#### February 2014- to Date

**Self-employed, associate to Laura Slader, Patricia Corbett.**  
Private Neuro OT, self-employed sole trader and associate work.

#### April 2014- July 2015

**West Kent Neuro Rehabilitation Unit, Sevenoaks, Kent**  
Highly Specialist Neuro OT (Band 7 Locum).

#### February 2014- April 2014

**Brain Injury Rehabilitation Trust (BIRT, Kerwin Court**  
Clinical Specialist in Neuro OT (Band 7)..

#### February 2010- February 2014

**Headley Court, Letterhead, Surrey**  
Band 7 Neuro OT Clinical Specialist and Band 7 Vocational OT.

#### September 2008- February 2010

**St Mary's Hospital, Isle of Wight**  
Band 6 OT, Rapid intervention and palliative care.

### Continued Professional Development including but not limited to:

Neuro: Goal setting training Queens Square Diane Playford,  
Pressure garment peer training- Job skin versus medical 2 ,  
Sensory dynamic orthosis Job Skin Lydia Dean  
Understanding and dealing with behavioural problems following BI.  
Occupation matters- by Louise Wiggins and Rachel Mitchell, Mental Health  
Bio-psychosocial management of pain.