

Jenny Cooper

Qualification Summary

Diploma of the College of Occupational Therapists, Welsh School of Occupational Therapy, 1988

Master of Science in Occupational Therapy, University of Derby, 2012

Professional Memberships

British Association of Occupational Therapists
HCPC
CMSUK

Membership number

BT0060014
OT16963
15-1460-A

Location

Midlands, Jenny is based in Nottinghamshire and has a 2 hour capture area

Clinical Skills and Expertise

Jenny has a plethora of transferrable skills from her clinical experience such as assessment, treatment and evaluation of daily living skills, sensory processing, environmental adaptations and equipment, community access, leisure and interests, and occupational roles and routines.

Jenny is skilled in working with clients on an individual basis and within group interventions. Jenny is a flexible thinker with great listening skills, the ability to problem solve, and motivate clients following significant life changing trauma. She is adept at organising, planning, developing, and adapting; alongside facilitating, initiating, monitoring, and evaluating. Jenny has experience in the ongoing day to day liaison with multi-agency team members and working autonomously in the community setting. Jenny is experienced in all of the following areas:

- **Orthopaedics**
- **Community**
- **Neuro**
- **Mental health**
- **Intellectual disabilities**

Key Case Management Skills:

- Multiagency interface working
- Excellent communication skills with clients, carers, treating team and stakeholders.
- Client centred working, represented through joint goals and correct intensity of provision of rehabilitation.
- Utilising a range of assessment skills to plan, adjust, implement a working, effective, commercially responsible treatment plan.
- Prioritisation of client needs, and advocate where required.
- Comprehensive report writing and update progress reports.

- Works flexibly taking into consideration the rehabilitation framework.

Personal Profile

Jenny qualified as an Occupational Therapist in 1988 and has had continual practice since. She obtained her Master of Science in Occupational Therapy in 2012, the course provided her with the opportunity to gain knowledge on current evidence for OT practice whilst developing her own skills. Jenny has had experience of setting up a new OT service via a bid placed with service commissioners outlining the need. Jenny is a skilled, knowledgeable and experienced clinician, highly motivated to advocate for and empower individuals to lead fulfilling lives through engagement in meaningful occupation.

Professional Work Summary:

May 2015 – Present

Unite Professionals Ltd

Case Manager

July 2013-Present

Independent Occupational Therapist

Clinical work primarily: Dementia, Autism, Stroke, Orthopaedic injuries, Mental Health

April 2004 – December 2015

Nottinghamshire Healthcare NHS Trust

Specialist OT, Community Intellectual Disabilities

September 2001 – April 2004

NE Derby PCT

Senior OT, Adult Mental Health

Continued Professional Development including:

Assessment of Motor and Process Skills

Court Familiarisation Training

Chronic Regional Pain Syndrome

Nuts and Bolts Training at St. George's Hospital – rehabilitation with Ilizarov

RCOT Conference