

## Kate Knox

### Professional Qualification

**MSc Pre-Registration Occupational Therapy.** Leeds Metropolitan University 2009

**BA Psychology and Drama.** Liverpool Hope University. 2004.

### Professional Memberships

**British Association of Occupational Therapists**

**HCPC**

**CMSUK**

**SSNP**

**BABICM**

### Membership Number

**BT0239664**

**OT59211**

**16-1560-A**

**N8114**

**1263**

### Location

**North West**, Kate is based in Manchester and has a 2 hour capture area

### Clinical Skills and Expertise

Kate is a personable and approachable Case Manager with an empathic approach with clients and their families. She has experience of using a wide variety of tools to assess physical and cognitive functioning with a particular expertise in neurological assessment and treatment. She is skilled in behaviour assessment of prolonged disorders of consciousness with reference to managing the environment including sensory considerations.

Kate likes to work holistically, putting the clients' needs and goals at the centre of her interventions. Kate ensures that clients and patients have a voice and they are supported throughout their journey. Kate has worked within the NHS for several years and is therefore able to bring up to date knowledge of not only treatment and pathways of care, but also knowledge of the services available within the NHS. Kate is experienced in all of the following areas:

- **Traumatic Brain Injury**
- **Cognitive Rehabilitation**
- **Prolonged Disorders of Consciousness**
- **Complex Discharge**
- **Stroke**
- **Neurology/ Neurosurgery**
- **Orthopaedic**

### Key Case Management Skills:

- Excellent communication skills, with service providers and users alike.
- Comprehensive knowledge of local statutory services, available resources and established relationships within local teams.

- Confident case management decision making based on broad clinical NHS experience.
- Clear concise report writing with a clinically reasoned and documented plan of action in terms of progression in rehabilitation.
- Realistic, timely, reasoned goals set alongside clients with rehab focus in mind.
- Awareness of proportionality in terms of cost
- Commercially responsible recommendations, with considered awareness of proportionality of cost.
- Client centred approach
- Thorough assessment, re-assessment and reporting of changes in functional and cognitive status.

### Personal Profile

Kate qualified as an occupational therapist in 2009 from Leeds Metropolitan University, prior to this Kate gained a degree in Psychology and drama from Liverpool Hope University. She has been working as a case manager for Unite Professionals since December 2015 and full time in this position since March 2016.

Prior to joining Unite Professionals, Kate worked for 7 years as an Occupational Therapist at Salford Royal Foundation Trust, initially as a rotational Band 5 working in several areas including respiratory and cardiac rehabilitation, intermediate care, general medical, elderly care, Neurosurgery and acute Neurology. This was followed by a period as a Senior Band 6 OT in Stroke, Acute Neuro- Rehabilitation and Post-Acute Neuro-Rehabilitation. As a relative of a person who uses statutory services, Kate has personal experience of the families' perspective which has positively impacted on her clinical practice.

### Professional Work Summary:

<b>December 2015 – to Date</b>	<b>Unite Professionals Ltd.</b> Case Manager
<b>August 2012 – March 2016</b>	<b>Salford Royal Foundation Hospital Trust</b> Band 6 Occupational Therapist
<b>June 2009 – August 2012</b>	<b>Salford Royal Foundation Hospital Trust</b> Band 5 Occupational Therapist
<b>January 2005 – June 2007</b>	<b>Aintree University Hospitals Foundation Trust</b> Therapies Technical Instructor (Band 3)

### Multiple Continued Professional Development, including but not limited to:

Bond Solon, witness familiarisation  
 Prolonged disorders of consciousness  
 Dysexecutive Function and its impact on insight after brain injury  
 Mental capacity and decision making