

Kelly Rudd

Professional Qualification

BSc Hons Occupational Therapy. University of Southampton, 2000

Professional Memberships

BABICM
CMSUK
British Association of Occupational Therapists
HCPC

Membership Number

0746
12-1139-CM
BT0218261
OT31736

Location

South East, Kelly is based in Surrey and has a 2 hour capture area

Clinical Skills and Expertise

Kelly is a highly skilled occupational therapist with vast experience since qualifying in 2000, this includes experience of working with individuals with neurological deficits as well as multiple medical and orthopaedic problems. Kelly started case management in 2012 and has progressed to a full time role with full case manager membership through the CMSUK. She is motivated and committed to facilitating individuals with disability to regain independence and adapt to a new way of life. Kelly is able to provide physical and cognitive assessment as well as recommend aids and adaptations to assist in enablement. She is organised and enjoys complex rehabilitation and disability management.

Kelly values working as part of the MDT and seeks a co-ordinated approach to rehabilitation by sourcing appropriate therapy services and liaising with both statutory and private agencies. She is committed to ongoing professional development through attending internal and external training, supervision, membership of CMSUK and BABICM, reflection and the appraisal process. Regularly completing detailed functional reports, risk assessments and liaison with numerous professions, her communication skills are of a very high standard. Kelly has experience in the following areas:

- **Medical**
- **Neuro Surgery**
- **Orthopaedics**
- **Neuro Rehab**
- **Vocational Rehab**

Key Case Management Skills:

- Confident to develop realistic client centred goals and carry out face to face sessions with ongoing evaluation.
- Approachable with clear verbal and written communication skills. Able to adapt according to the needs of the individual and situation

- Good working knowledge and practical application of the Mental Capacity Act and Deprivation of Liberty safeguards
- Advocates for clients ensuring best use of statutory services available, and meeting client needs in a timely, cost effective manner.
- Close liaison with NHS and private team members to provide a seamless rehabilitation pathway with communication at the core.
- Providing recommendations that consider clinical reasoning off set by proportionality

Personal Profile

Kelly is a competent and highly skilled practitioner with over 17 years post-graduate experience. Kelly specialised in the field of Neurosciences having worked in acute, inpatient rehabilitation and community settings as an occupational therapist, managing a busy and varied caseload. Kelly enjoys the complex nature of case management and the challenges that come with the role.

Kelly is skilled in assessment, implementing client centred treatment plans and complex discharge planning. Having worked as a team leader in her previous NHS role, Kelly is a confident therapist with clear working knowledge of processes and roles within the MDT. She is organised and able to work flexibly under pressure with good prioritisation skills.

Professional Work Summary:

October 2012– to date

Unite Professionals Ltd.
Case Manager

February 2014 – August 2017

St Georges Healthcare NHS Trust
Band 7 Occupational Therapist. Patient Experience Lead and Clinical Lead Medical Student Teaching.

November 2009- February 2014

St Georges Healthcare NHS Trust
Band 7 Occupational Therapist
Neuro Rehab/Vocational Rehab

January 2008 – November 2009

St Georges Healthcare NHS Trust
Band 7 Occupational Therapist
Inpatient Neuro Rehab

April 2005 – January 2008

St Georges Healthcare NHS Trust
Band 7 Occupational Therapist
Acute Neurology and Neurosurgery

August 2003 – November 2004

Sutton and Merton Primary Care Trust
Locum Occupational Therapist
Intermediate care/community neuro rehab

Multiple Continued Professional Development, including but not limited to:

Apraxia (St Georges Healthcare NHS Trust), CMSUK conference and webinars, Leadership Course, (St Georges Healthcare NHS Trust)