

Julie Jay

Professional Qualification

BSc Hons Occupational Therapy. University of Cape Town 2002

MSc Occupational Therapy. University of the Witwatersrand 2017

Professional Memberships

British Association of Occupational Therapists
HPCP
CMSUK
BABICM

Membership number

BT0238020
OT38757

Location

Buckinghamshire

Clinical Skills and Expertise

Julie is an experienced Occupational Therapist who has worked in the community, educational, workplace and in-patient environments to restore independence and confidence with her clients. Her diverse experience as an Occupational Therapist has enabled a comprehensive knowledge base allowing her to make informed decisions regarding treatment options for various neurological and musculo-skeletal presentations. Her 15 years' experience of working in the NHS, military, private and welfare organisations has allowed a clear awareness in implementing complex treatment plans accessing statutory and private facilities to meet her client's changing needs. She is observant and sensitive to clients and their carer's needs, making her an effective advocate in a Case Management role. She is experienced in all of the following areas:

- **Traumatic and Acquired Brain Injury**
- **Stroke**
- **Complex/ poly trauma**
- **Spinal cord injury**
- **Elderly care**
- **Learning Disability**
- **Community Rehabilitation**
- **Complex Discharge Planning**

Key Case management skills

- Use of outcome measures and evidence based practice enables clear identification of goals, monitoring of progress and effectiveness of treatment.
- Effective communication skills enabling her to develop a meaningful rapport with all stakeholders ensuring proactive and relevant sharing of information.
- Knowledge and experience of best practice in report writing skills for diverse audiences
- Strong advocate for client and carer needs, ensuring they are empowered in their decision making.

- Creating and delivering training material for clients, carers, support workers, students, welfare organisations and health professionals
- Effective at motivating clients in order to achieve their goals.
- Experienced in leading and co-ordinating teams to promote service development

Personal Profile

Julie has completed her Masters dissertation on exploring best practice in professional report writing so she has a keen awareness of reporting the pathway of care for a diverse audience. During her time as an educator she has won several teaching awards – nominated by students, for her personable manner, clear way of communication and passion for enabling others. Her experience in research has highlighted the importance of evidence based practice within the rehabilitation pathway. Leading and coordinating teams alongside managing client rehabilitation has led to proven efficiency in caseload and time management.

Professional Work Summary:

February 2018– to Date	Unite Professionals Ltd – Case Manager.
November 2016 – Feb 2018	Maternity leave, relocation and completion of Masters
February 2013 – Nov 2016	University of Witwatersrand Lecturer in Occupational Therapy
August 2011 – November 2012	Selwyn Segal Welfare organisation for intellectually disabled. Head Occupational Therapist
March 2008 – July 2011	Headley Court, Letterhead, Surrey Band 7 Highly Specialist Occupational Therapist
February 2007 – March 2008	Homerton RNRU – Brain Injury Outreach Team Band 7 Highly Specialist Occupational Therapist

Continued Professional Development including but not limited to:

Motivational Interviewing
 Manual Handling
 Selection Interviewers Course – MOD
 SMART assessor course
 Understanding and dealing with behavioural problems following BI
 Advanced Cognitive Rehabilitation Workshop – Attention and Information Processing
 Insight Following Brain Injury