

## Sonia Campbell-Thompson

### Professional Qualification

**BSc Hons Occupational Therapy.** York St John University, 2010.

### Professional Memberships

**British Association of Occupational Therapists**  
**HCPC**  
**CMSUK**  
**BABICM**  
**RCOT SS independent practice**

### Membership Number

**BT0239617**  
**OT61300**  
**17-3358**  
**3610**  
**8486**

### Location

**West Yorkshire,** Sonia is based in Ilkley and has a 2 hour capture area

### Clinical Skills and Expertise

Sonia has over 30 years of experience working in a range of health and social care roles, predominantly within the local authority. As an occupational therapist she has expanded her assessment skills and is practiced at identifying client's needs and how best to meet them. Dedicated to maintaining her CPD, Sonia has a wide knowledge base of current legislation and evidence based treatment. The variety of roles that Sonia has undertaken during her working career within healthcare, have provided her with a solid base for growth as a case manager and the skills in which to draw upon. Sonia is experienced in all of the following areas:

**Neurological conditions**

**Spinal Injury**

**Orthopaedic**

**Chronic Pain**

**Environmental assessment**

**Equipment and adaptations**

**Discharge planning**

**Moving and Handling**

**Social Services**

**Intermediate Care**

**Elderly**

**Vocational rehabilitation**

### Key Case Management Skills:

- Sonia has excellent communication skills, both written and verbal, demonstrated by her work in private practice, with clients, carers, families and outside agencies involved in client's care.
- Sonia has an organised, methodical and time focused approach which is supported by a wide knowledge of key statutory and supporting services.
- Holistic, client centred way of working, collaborative MDT approach to treatment and rehabilitation goals.
- Effective decision making sensitive to proportionality in terms of cost.
- Autonomous working within own limits with an awareness of when to seek guidance and support.

## Personal Profile

Sonia has always been employed within the healthcare field, from the age of 16 when she started as a carer for the elderly, her career progressed into occupational therapy as she had such an interest in enabling people to reach their potential and live as independently as possible. Sonia worked as an occupational therapy assistant whilst she studied at degree level. She was awarded the College of Occupational Therapy Student Award in recognition of her 13 week placement in Bangladesh where she worked in a Non-Government Organisation Spinal Injuries Hospital.

In 2014 Sonia had a 2 year career break due to surgery and injury, and returned to professional practice as an independent OT and used her own personal experience to her benefit and in treating her clients. She is dedicated and has the skill set and knowledge to provide reasoned, structured, relevant case management action.

## PROFESSIONAL QUALIFICATIONS

Occupational Therapy (BSc 1<sup>st</sup> Class Hons) 2010 – York St John University  
Management in Health and Social Care (Level 4) 2005 – Leeds Metropolitan University  
Moving and Handling for Operational Managers 2017 – Bradford Adult Community services

## Professional Work Summary:

<b>May 2018 – to Date</b>	<b>Unite Professionals Ltd.</b> Case Manager
<b>February 2017 – to Date</b>	<b>Wharfedale OT Services</b> Occupational Therapist
<b>February 2017– to Date</b>	<b>Eden Brown</b> Social services and Rehabilitation Occupational Therapist
<b>August 2017- December 2017</b>	<b>Enable Therapy Services</b> OT / Clinical co-ordinator
<b>December 2014 - January 2017</b>	<b>Various Voluntary work</b> Break from professional practice due to ill health and physical disability
<b>February 2010 – November 2014</b>	<b>Bradford Adult &amp; Community Services</b> Occupational Therapist

## Multiple Continued Professional Development, including but not limited to:

Information Governance Level 1 and 2  
Ergonomics online training  
Telecare training  
General Data Protection online training  
CMSUK introductory training