

Kara Cronin

Professional Qualification

BSc Hons Occupational Therapy. Oxford Brookes University, 2008

Professional Memberships

British Association of Occupational Therapists
HCPC
CMSUK

Membership Number

BT0236661
OT58619
17-3453-A

Location

London, Kara is based in Oxfordshire and has a 2 hour capture area

Clinical Skills and Expertise

Since qualifying in 2008, Kara has gained wide experience in many clinical areas. She is a mentor and provides supervision to other professionals and teams. Her clinical work has seen her gain knowledge of neurological conditions, brain injury complex orthopaedic presentations and hand therapy.

Kara has completed major adaptation specialist training and also animal assisted therapy training. Kara has wide skills base and many of which are transferrable into the field of case management where her dynamic approach will prove to benefit both the client and the stakeholders alike. Kara is experienced in all of the following areas:

- **Complex orthopaedic**
- **Paediatric Brain Injury**
- **Adult Brain Injury**
- **Neurological Conditions**
- **Burns Injuries**
- **Hand Therapy**
- **Amputations**
- **Desensitisation Techniques**
- **Sensory integration Techniques**
- **Spinal Injury**

Key Case Management Skills:

- Strategic planning
- Tactful and articulate in varying interfaces she is challenged with
- Excellent verbal and written communication skills with clients, carers and professionals.
- Awareness of proportionality in terms of cost when recommending treatment options
- Thorough clinical reasoning within reports
- Expert knowledge in complex assessment, writing up, reviewing and monitoring
- Expertise to question why a treatment plan isn't working and provide support to re-evaluate the plan to increase its success.

- Extensive knowledge of major adaptations such as DFG's, level access showers, ramps and stair lifts
- In depth knowledge of new Care Act 2014 and knowledge on how to implement this on an individual basis.
- Assessing reasonable risk to ensure client is enabled but safe.
- Adept assessor for Deprivation of Liberty around manual handling

Personal Profile

Kara is a highly qualified Occupational Therapist with a wealth of experience in providing specialist assessment and support to individuals with complex physical disability, mental health and social care needs. She is experienced in working as an integral member of MDTs and used to co-ordinating and progressing treatment programmes.

Kara works regularly with setting short and long term goals with clients that are realistic and appropriate to meet individual clients' goals. She has advanced knowledge and understanding around provision or non-provision of equipment, minor and major adaptations and rehabilitation intervention informs this approach. Her previous roles have also required an in-depth understanding of relevant legislation, procedures and techniques to ensure all individual clients receive the best quality care.

Professional Work Summary:

July 2017– to Date

Unite Professionals Ltd.
Case Manager

April 2017 – Date

Reading Children and Young Person Disability Team
Clinical supervisor and mentor

April 2018 – Date

Reading Borough Council Social Services
Consultant Occupational Therapist

April 2015– April 2018

Oxford City Social Services
Practice supervisor/ Line manager Occupational Therapist

May 2012 – April 2015

Reading Social Services
Practice supervisor/ Line Manager Occupational Therapist

Multiple Continued Professional Development, including but not limited to:

Coaching and Mentoring Course, Business Design centre, Islington - February 2017
Mindfulness training, Unipart Centre, Oxford – Feb 2017
Positioning and Seating Training, Abingdon, Oxfordshire – June 2017
OT Adaptation Conference, Hilton Hotel, Reading - Sept 2016