

Ursula Owen

Professional Qualification

BSc Hons Occupational therapy. University of Wales, 1995

Professional Memberships

British Association of Occupational Therapists
HCPC
CMSUK

Membership Number

BT0208214
OT24175
18-4004-A

Location

Mid Wales, Ursula is based in Powys and has a 2-hour capture area.

Clinical Skills and Expertise

Ursula is an experienced Occupational therapist with a breadth of knowledge in acute medicine, surgery and outpatient rehabilitation. Her clinical practice expands over 23 years, managing complex cases in inpatient and community settings.

Ursula has gained knowledge and skills to carry out a wide range of assessments to determine treatment programmes enabling individuals to maximise their ability to manage their functional and vocational activities as well as their hobbies and interests.

With training and experience in advanced communication skills, Ursula is able to identify the psychological impact of loss of independence upon individuals and their carers.

Ursula's expertise lies within Cancer care in the NHS, interpreting complex diagnosis and understanding symptom management affecting an individual's functional ability, liaising with Consultants and Specialist nurses on a daily basis to recommend a rehabilitation programme. Exploring resources available to an individual is a key role.

Ursula is experienced in the following areas:

- **General Medicine**
- **General surgery**
- **Orthopaedics**
- **Amputee rehabilitation**
- **TBI**
- **Mental health**
- **Neurology**
- **Cancer rehabilitation including spinal and neurological conditions.**
- **Cardiac rehabilitation including anxiety management**

Key Case Management Skills:

- Liaising with multi-disciplinary teams, working across the statutory and private sectors to obtain the level of support an individual requires in a timely manner
- Specialist in assessing the functional loss of an individual, and the impact this has upon them physically, psychologically, emotionally and socially.
- Applies evidence-based practice in goal setting and intervention
- Advanced communication skills trained and thereby managing emotional situations in a sensitive manner.

- Organisational skills to manage cases in a flexible, timely manner especially when an individual's needs change rapidly.
- Evaluating treatment plans and adapting their treatment plans accordingly.
- Effective decision making.
- Provision of supervision to colleagues, managing other qualified and unqualified staffs` appraisals
- Use of Outcome measures to evaluate treatment plans.
- Use of Cognitive behavioural techniques in facilitating an individual to achieve their goals.

Personal Profile

Ursula has worked since 1995 in acute inpatient and community settings within the NHS. Ursula is very passionate in her role as a Macmillan Specialist Occupational therapist enabling an individual to maximise their functional independence despite potential life limiting challenges. She manages complex cancer cases and supports their carers. Ursula also enjoys her bank work in the Community setting with adult physical disabilities which is very varied. Ursula is always keen to develop her clinical knowledge and particularly enjoys teaching others in her role as a Specialist practitioner.

Professional Work Summary:

2001 – to Date	Band 8a Macmillan Clinical Specialist Occupational therapist
2016 – to Date	Bank Occupational therapist in a Community rehabilitation setting
1999 – 2001	Senior 1 Occupational therapist. Royal Shrewsbury Hospital
1997 – 1999	Senior 2 Occupational therapist. Royal Shrewsbury Hospital
1995 – 1997	Basic grade rotational Occupational therapist. Royal Shrewsbury hospital.

Multiple Continued Professional Development, including but not limited to:

Advanced Communication Skills for professionals working in Cancer care- Peter Maguire
 Teaching the Teachers in Communication skills- Peter Maguire.
 Amputee rehabilitation – Roehampton amputee rehabilitation centre.
 Cognitive behavioural management - Macmillan Professional study day.
 Macmillan Professionals conference.
 Metastatic Spinal cord conference.
 Neuro-oncology conference.
 Unite Case management conference