

## Dr. Joanna Fletcher-Smith

### Qualification Summary

**PhD Stroke Rehabilitation;** University of Nottingham, 2015

**MPhil Stroke Rehabilitation;** University of Nottingham, 2011

**BSc Hons Occupational Therapy;** University of Northumbria at Newcastle, 2002

### Professional Memberships

**British Association of Occupational Therapists**

**HCPC**

**CMSUK**

### Membership number

**BT0222152**

**OT35072**

**18-4255-A**

### Location

**East Midlands.** Joanna is based in Nottingham and has a 2 hour capture area.

### Clinical Skills and Expertise

Joanna is a dedicated, highly organized and award winning (Verna Wright Prize; Royal College of occupational Therapist Early Career Researcher Award; Career Development Award) occupational therapist by professional background. Joanna has clinical and research project management experience in a broad range of rehabilitation specialties across both acute and community settings which is transferrable to the field of case management. Her specialist area of practice is stroke and neurological rehabilitation. Joanna is compassionate and analytical with excellent written and verbal communication skills and meticulous attention to detail. Joanna has experience in the following areas:

- **Neurology**
- **Stroke**
- **Brain Injury**
- **Orthopaedics and trauma**
- **Elderly care and care homes**
- **Oncology and palliative care**
- **Acute care and rehabilitation**
- **Cardiac rehabilitation**
- **Completing environmental and mobility assessments**
- **Cognitive assessment and rehabilitation**
- **Upper limb trauma and rehabilitation**

### Key Case management skills:

- Experience of successfully leading multidisciplinary teams and managing projects and clinical cases through to completion
- Effective at quickly developing therapeutic relationships with clients from a variety of socio-economic, ethnic and clinical populations
- An analytical and perceptive problem solver

- Confident and skilled at facilitating informal and formal meetings and working collaboratively with multidisciplinary professionals
- Robust understanding of Mental Capacity Act (2005) and its implications
- Leadership skills, developed through acceptance onto the highly competitive joint Universities of Nottingham and Birmingham Early Career Leadership Programme and formal training with the Institute of Leadership and Management
- Experienced mentor and coach (as recognized by a Health Education England Clinical Scholar Gold Award)
- Skilled in the interpretation and clinical application of research evidence into practice
- Proactive in tackling difficult and challenging behaviours and experience dealing sensitively and empathetically with clients and their families
- Experienced in a range of standardised and functional assessments, with clinical specialist experience of delivering complex therapy interventions to adults and older people with a range of co-morbidities

### Personal Profile

Joanna is a highly skilled occupational therapist, who has further developed her knowledge and professional expertise through working as a clinical academic research scientist in stroke and neurological rehabilitation. She has an analytical mind and is proactive in creatively solving complex problems. Joanna is a highly motivated individual who enjoys working both independently and as part of a team. She is confident and professional in her approach and believes in the importance of effective communication and advocating for clients using a holistic, client-centered approach.

### Professional Work Summary:

<b>November 2018 – present</b>	<b>Unite Professionals Ltd</b> Case Manager
<b>February 2008 – May 2018</b>	<b>University of Nottingham</b> Senior Research Fellow/Research Therapist
<b>May 2014- April 2017</b>	<b>University of Derby</b> Associate Lecturer (Occupational Therapy)
<b>September 2006 – January 2008</b>	<b>Sherwood Forest Hospitals NHS Foundation Trust</b> Senior Occupational Therapist
<b>September 2002 – March 2004</b>	<b>Royal Berkshire Hospitals NHS Foundation Trust</b> Rotational Occupational Therapist

### Continued Professional Development:

WFOT Congress 2018 in Cape Town, South Africa funded by an Elizabeth Casson Trust Travel Scholarship.

Completed training in the application of transcranial magnetic stimulation (TMS) to assess motor evoked potential (MEPs) with Rogue Resolutions at the Institute of Neurology, Queen's Square, London in September 2017.

Awarded a World Stroke Organisation Young Stroke Professional Brief Clinical Exchange International Travel Scholarship to fund a professional visit to the leading neuroscientist, Professor Gert Kwakkel's MOVE Institute and the VU Medical Centre in Amsterdam in September 2016.

Participant at the ABI-LINKS Neuropsychological Rehabilitation of Acquired Brain Injury Workshop in Brazil funded by the Newton Fund and the British Society in March 2016.

AMPS trained (Assessment of Motor and Process Skills).

Specialist training in the application of surface neuromuscular electrical stimulation for upper limb rehabilitation.

Significant experience (3+ years) in the application of electromyography (EMG) (an electro-diagnostic technique) to evaluate muscle activity.

Attended and presented at national and international conferences including the Royal College of OT Annual Conference (2010, 2011, 2013); RCOT Specialist Section for Neurological Practice Conference (2010, 2011, 2012, 2013, 2016); Society for Research in Rehabilitation Conference (2009, 2010, 2011, 2013, 2016); UK Stroke Forum (2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016); The OT Show (2016); European Stroke Conference (2010, 2013) and European Forum for Rehabilitation Research (2017).