

## Kate Makin

### Professional Qualification

**BSc Hons Occupational Therapy**; University of Northumbria, 2001.

### Professional Memberships

**British Association of Occupational Therapists**  
**RCOT Specialist Section for Independent Practice**  
**HCPC**  
**CMSUK**

### Membership number

**BT0220613**  
**7094**  
**OT34619**  
**18-4265-A**

### Location

**Newcastle upon Tyne.** Kate is based in Newcastle upon Tyne and has a 2 hour capture area.

### Clinical Skills and Expertise

Kate has excellent communication and interpersonal skills. She is organised, efficient and able to manage her time well. Kate is able to write high quality reports and clinical notes. Kate has vast experience as an expert witness and also of working closely alongside many case managers. She is therefore experienced in relation to working within the Rehabilitation Code and the field of litigation. As an occupational therapist Kate has a strong clinical background within learning disabilities, physical disabilities and long term illness. Having worked as an independent occupational therapist for many years Kate is adaptable, flexible and able to manage a high caseload. Kate is highly experienced in relation to assessments, goal planning and implementing treatment and recommendations. Kate has worked with many individuals who have been involved in a serious accident or suffered from a serious life changing injury. Kate has experience in all of the following areas:

- **Orthopaedics and trauma**
- **Musculoskeletal and soft tissue injury**
- **Hand and upper limb injury**
- **Chronic pain**
- **Amputation**
- **Social Services**
- **Elderly care**
- **Completing environmental home assessments**
- **Specialist aids and adaptations**
- **Postural management**

### Key Case management skills:

- Able to quickly establish an effective therapeutic relationship and rapport with clients and their families and carers.
- Person centred and holistic in relation to all assessments and treatment.
- Able to work well within a team and communicate effectively with others.
- Refined observation and assessment skills to determine function and rehabilitation goals.

- Excellent communication and interpersonal skills.
- Using evidence based practice to identify, set and measure case management goals.
- Knowledge of both statutory and independent services to ensure an integrated and coordinated treatment plan.
- Excellent organisation skills to ensure effective working and meeting deadlines.

### Personal Profile

Kate is well organised, highly professional and an excellent communicator. Kate is a skilled occupational therapist with a wide range of experience in both statutory services and the private sector. Kate is very hard working and self disciplined and as a lone practitioner is highly adaptable and efficient, particularly in relation to her assessment and report writing skills. Kate is accomplished in overseeing all of a client's rehabilitation needs and coordinating and planning their treatment to ensure the most effective outcome, which is key to excellent case management.

### Professional Work Summary:

**December 2018- present**

**Unite Professionals Ltd**  
Case Manager

**September 2009- present**

**Makin Life Easier**  
Owner and Director, Independent Occupational Therapist

**September 2009- March 2015**

**Northumbria Healthcare**  
Community Occupational Therapist

**January 2009- September 2010**

**Bernicia**  
Housing Occupational Therapist

**June 2007- August 2009**

**Northumberland Care Trust**  
Community Occupational Therapist

**January 2005- December 2006**

**Age Concern**  
Information and Advice Officer

**May 2003- December 2004**

**South London and Maudsley NHS Trust**  
Occupational Therapist

### Continued Professional Development:

Northern England Regional Contact for Royal College of Occupational Therapists Specialist Section for Independent Practice (RCOTSS-IP)  
RCOTSS-IP Annual Conference  
Various seminars, talks and lectures at Sintons Law, DNEX and OTAC Conferences  
Role of expert witness  
Mental Capacity Act and Deprivation of Liberty Safeguards training  
Safeguarding Adults and Children training