

Lauren Hankers

Qualification Summary:

Diploma in Higher Education Neurological Occupational Therapy Coventry University 2016
BSc Hons Occupational Therapy Coventry University 2008

Professional Memberships:

British Association of Occupational Therapy
HCPC
RCOT SS – Neurological Practice

Membership number:

BT0237124
OT57882
BT0237124

Location:

South East. Lauren is based in Milton Keynes and has a 2 hour capture area.

Clinical Skills and Expertise:

Lauren has over 10 years' experience working with clients to help them reach their rehabilitation potential. She is highly skilled in establishing rehabilitation programmes as an Occupational Therapist within the NHS. She monitors and assesses clients regularly to identify if programmes need to be adapted and supplemented with further treatment to ensure the optimal rehabilitation outcome for each client.

She is AMP (Assessment of Motor and Process Skills) trained and uses this skill regularly for assessment and as an evidence base to justify interventions. Lauren has expertise in both traumatic and non-traumatic neurological conditions and this enables her to interpret clinical information from all members of the Multi-Disciplinary Team (MDT). She produces comprehensive rehabilitation programmes that include spasticity management, care plans and active rehabilitation plans which ensure the best possible outcome for the patient, in a timely and cost-effective way

Lauren has experience of managing a portfolio of clients within a community setting and working with clients over an extended period to achieve their long-term goals; including returning to work and education. Lauren has also worked in the acute sector where she ensures people are signposted to the appropriate services to treat their acute injuries and neurological deficits. Lauren has experience in all the following areas:

Neurology
Brain Injury
Head Injury
Spinal Injury

Fatigue management
Acute care, including Intensive Care
Vocational Rehabilitation
Mobility and environmental assessments

Key Case management skills

- Holistic in approach, able to build good working relationships with both clients and their wider network taking into consideration physical environment, cognition and social influences.
- Uses evidence-based practice from assessment to discharge, ensuring clear appropriate client centred rehabilitation goals are set and ensuring they are measured throughout.
- Confident and experienced at dealing with challenging behaviours to ensure the best rehabilitation outcome for the client.
- Good rapport building with MDT across both statutory and non-statutory services allowing for close working relationships that enable the best outcome for the client.
- Confident at facilitating case conferences both formal and informal.
- Excellent organisation, planning and assessment skills to understand current functional ability and predict future function.

Personal Profile:

Lauren is a highly skilled Occupational Therapist with a career that has spanned over 10 years, with a diverse clinical experience, from mental health to neurology. Lauren is very organised, an excellent communicator and can work calmly under pressure as demonstrated in her role as a team leader in an acute hospital trust. Lauren is keen to use the skills she has acquired during her career to assist individuals to reach their rehabilitation potential through her work as a case manager.

Professional Work Summary:

Feb 2017 – Present (0.4 WTE)	Luton and Dunstable University Hospital NHS Foundation Trust Highly Specialised Occupational Therapist (Neuro)
Nov 2010 – Feb 2017	Central and Northwest London Trust Band 6 Occupational Therapist (Neuro)
May 2009 – Nov 2010	Buckinghamshire Hospital Trust Band 5 Rotational Occupational Therapist
Sep 2008 – May 2009	Oxfordshire and Buckinghamshire Mental Health Trust Band 5 Occupational Therapist

Continued Professional Development including:

AMPS and ESI trained (Evaluation of Social Interaction)

FACETS trained (Fatigue: Applying Cognitive behavioural and Energy effectiveness Techniques to life Style)

Resilience training 2018

Provide regular training to junior staff and peers through in-service