

Margot Widdup

Professional Qualification

BAS Occupational Therapy; University of Western Sydney, Australia, 2012

Professional Memberships

HCPC
AHPRA

Membership number

OT67322
OCC0001789424

Location

West Yorkshire. Margot is based in Leeds and has a 2 hour capture area.

Clinical Skills and Expertise

Margot has over 9 years' experience of working in health and social care. Margot has worked as a registered Occupational Therapist for over 6 years' with extensive experience in the community, case management and inpatient hospital settings. Her experience in elderly rehabilitation, orthopedics and intermediate care, enables her to utilize and interpret clinical information from multi-disciplinary teams in order to recommend on appropriate rehabilitation programs and manage complex discharge planning.

Margot has worked as a Senior Rehabilitation Consultant in Case Management previously, specializing in return to work for clients that have sustained injuries in their workplace. Margot has experience in completing initial needs/workplace assessments, followed by active case management, creating achievable goals and identifying suitable duties for a phased return to a client's pre-injury duties.

Margot has excellent communication and interpersonal skills: written (reports, clinical notes) and verbal (client interactions, rapport building and developing professional relationships). She is organized, able to prioritize issues and manage her time well.

Margot has experience in all of the following areas:

- **Elderly medicine**
- **Intermediate care**
- **Environmental assessments and home modifications**
- **Orthopaedics**
- **Chronic and long-term conditions**
- **Discharge planning**
- **Palliative Care**

Key Case management skills:

- Effective in building a collaborative relationship with clients through excellent communication and interpersonal skills, whilst building rapport within the multidisciplinary team.
- Analytical and perceptive, to identify and observe functional abilities to establish rehabilitation potential.
- Client centered approach to all assessments and treatment, considering person, cognition, social, environmental and physical impact of injury upon function, to ensure appropriate clinical reasoning recommendations are identified.
- Utilising evidence based practice to underpin case management and client centred goal planning.

Personal Profile

Margot is an excellent communicator, who is socially minded and enjoys meeting people, understanding them holistically and creating effective client centered goals. Margot is perceptive and sensitive to patients' and families' needs alike, she is motivated to advocate for and empower clients to lead fulfilling lives through engagement in occupation. She is hard working, disciplined and enjoys working in teams as well as working as a sole practitioner in the community. Margot is keen to learn and develop her existing skill set to further her career.

Professional Work Summary:

January 2019 – present

Unite Professionals Ltd
Case manager

July 2018 – present

Leeds Community Healthcare Trust
O.T, Integrated Neighbourhood Team

May 2017 – April 2018

Maitland Private Hospital, Australia
O.T, Inpatient and Outpatient Rehabilitation

October 2015 – April 2017

Rehabilitation Services, Australia
Senior Rehabilitation Consultant

November 2013 - May 2015

Leeds Community Healthcare Trust
O.T, Intermediate Care Team

March 2013 – October 2013

Central and North West London, NHS
O.T, Community Rehabilitation

August 2009 – October 2011

Thirroul Private Hospital, Australia
Occupational Therapy Assistant,
Elective Orthopaedic and Inpatient Rehab

Continued Professional Development:

Various seminars, talks & lectures at the OT Show, Birmingham
RCOT Conference