

## Nicola Keelan

### Professional Qualification

**Post Graduate Diploma Occupational Therapy**, The University of London, 2004  
**BSc (Hons) Psychology and Philosophy**, The University of Leeds, 1997

### Professional Memberships

**British Association of Occupational Therapists**  
**HCPC**

### Membership number

**BT0230086**  
**OT41634**

### Location

**South West London.** Nicola has a 2 hour capture area

### Clinical Skills and Expertise

Nicola has over 15 years of experience as an Occupational Therapist, the last 11 of these have been in the field of complex neuro and trauma assessment and rehabilitation. Nicola prides herself in high quality written and verbal communication with clients, team members, other agencies and the wider multidisciplinary team. Nicola has a wide range of experience of assessment, rehabilitation and onward planning skills for a vast range of clients from those with subtle cognitive difficulties to those with complex disability management needs. Clinically Nicola's skills as an Occupational Therapist include managing her own complex caseload across both acute and rehabilitation inpatient services in addition to team management, training and education of others and resource management. Nicola has experience of both key working patients and also complex discharge planning in addition to supporting the transition from inpatient services to community living. Nicola is also responsible for regular service audits, service and Trust wide improvement projects, whilst clinically she is also knowledgeable in the field of mental capacity, early vocational and cognitive rehabilitation.

Nicola has experience in all of the following areas:

- **Neurology**
- **Brain Injury from mild to severe**
- **Spinal Injury**
- **Traumatic orthopaedic injuries**
- **Senior Health**
- **Oncology and infectious diseases**

### Key Case management skills:

- Effective at establishing rapport with clients from a wide range of back grounds and ages
- Thorough, holistic and client centred approach to assessment and treatment planning
- Impeccable time management
- Confident and skilled at facilitating informal and formal meetings/case conferences with a wide variety of clinical and non-clinical team members
- Wide evidence-based knowledge to underpin assessment and planning
- Significant amount of experience in negotiating meaningful goals and plans
- Significant experience in supporting those with behaviours that can challenge services and an underlying understanding of a motivational interviewing approach

### Personal Profile

Nicola is a highly skilled Occupational Therapist, with extensive experience in NHS acute and rehabilitation services. Nicola's clinical and team management skills are based on a broad foundation of clinical experience. Feedback from colleagues and patient's is that Nicola maintains a demeanour of calm within complex and often stressful situations. Nicola is able to think creatively and holistically when assessing and planning a client's intervention and ongoing needs. Nicola uses self-reflection and empathy to maintain the highest quality of intervention to clients and their families, and prides herself in placing the client at the heart every assessment and intervention.

### Professional Work Summary

<b>July 2018 – present</b>	<b>St Georges NHS Foundation Trust</b> Principal Occupational Therapist for Neuro Science & Neuro Rehabilitation
<b>June 2010 – July 2018</b>	<b>St Georges NHS Foundation Trust</b> Highly Specialist Neuro Occupational Therapist
<b>January 2008 – June 2010</b>	<b>St Georges NHS Foundation Trust</b> Specialist Neuro Occupational Therapist
<b>September 2008 – January 2008</b>	<b>Royal Hospital for Neuro Disability</b> Senior Occupational Therapist
<b>September 2004 – September 2006</b>	<b>Harrow PCT and Northwick Park Hospital</b> Basic Grade Occupational Therapist

### Continued Professional Development

Several modules from MSc in Rehabilitation	St Georges University	2015
Advanced Casting of the Upper Limb	St Georges NHS Trust	2019
FES Upper Limb	Odstock Medical	2018
IMPARTS Mental Health Skills for non-mental health professionals	Kings College London	2017
Understanding and Dealing with Behaviour	Brain Tree Training	2017
Upper Limb Hypertonicity	Imperial College London	2013
Spinal Cord Injury Concepts and Management, MSc module	Bucks New University	2012
SMART Assessors Course	Royal Hospital for Neuro Disability	2007