

Abigail Jones

Qualification Summary

BSc Hons Occupational Therapy. Oxford Brookes University, 2008

Professional Memberships

British Association of Occupational Therapists
HCPC
CMSUK
Specialist Section - Neurological Practice (SSNP) N9643

Membership number

BT0800495
OT59392
18-4034-A

Location

South West, Abi is based in Bristol and has a 2 hour capture area.

Clinical Skills and Expertise

Abi is a practicing Case Manager and Occupational Therapist providing specialist rehabilitation to clients with brain injury and associated neurological impairments. She is proficient in standardised cognitive assessment and with observation within functional assessment to identify the impact that any injury may impose on an individual. She is motivated and committed to facilitating individuals to regain independence and adapt to a new way of life. Abi is able to provide physical and cognitive assessment as well as recommend aids and adaptations.

Abi is very experienced in a range of clinical settings, having worked within acute hospital, in-patient rehabilitation and community settings; the variety of these settings has provided her with skills and abilities to communicate on a multitude of levels. She values working as part of an MDT and seeks a co-ordinated approach to rehabilitation by sourcing appropriate therapy services and liaising with both statutory and private agencies. She is familiar with treatment pathways within the NHS and when these would benefit from being supplemented by additional treatment. Abi is observant and sensitive to clients and their carer's needs, making her an effective advocate in a Case Management role. She is experienced in all of the following areas:

- **Elderly care**
- **Amputees**
- **Orthopaedics**
- **Hand therapy**
- **Visual impairment**
- **Traumatic and acquired BI**
- **Acute care and rehabilitation**
- **Complex discharge planning**
- **Complex / poly trauma**
- **Vocational rehabilitation**

Key Case management skills

- Comprehensive knowledge of local services, always maintaining good working relationships with NHS clinical teams allowing her to work efficiently and effectively.
- Proficient in supporting clients in developing meaningful and realistic goals.
- Effective at motivating clients in order to achieve their goals.
- Skilled in assessment, planning and prioritising and problem solving.
- Making recommendation for rehabilitation based on evidence-based practice.
- Highly effective advocate and facilitator for clients.
- Excellent report writing skills for diverse audiences.
- Outstanding communication skills with clients, carers, families and agencies involved, ensuring proactive and relevant sharing of information.
- Intervention clinically reasoned to all stakeholders
- Aware of the need to work in a cost effective and proportionate manner.
- Use of outcome measures and evidence-based practice to enable clear identification of goals, monitoring of progress and effectiveness of treatment.

Personal Profile

Abi is a competent and highly skilled practitioner with over 11 years post graduate experience. She has a wealth of knowledge from her role as a therapist and is able to transfer this into her case management role. Her interventions are always targeted at maximising occupational performance to ensure the best possible rehabilitation and recovery. She has a good understanding of roles of wider MDT and excellent communication skills.

Abi is skilled in the assessment and implementation of client centred treatment plans. She is organised and able to work well under pressure with good prioritisation skills.

Professional Work Summary:

September 2018 – to Date

Unite Professionals Ltd
Case Manager

September 2018 – to Date

North Bristol Trust.
Band 6 OT, Head Injury Therapy Unit.

April 2016 – September 2018

University Hospitals Bristol
Rotational Band 6 OT

January 2016 – March 2016

Bristol Community Health
Band 6 OT, Rapid Emergency
Assessment Care Team (REACT)

October 2015 – December 2015

Great Weston Hospital
Locum Band 6 OT

November 2011 – September 2015

Royal London Hospital
Rotational Band 6 OT

Continued Professional Development including:

Abi is a member of the committee for the SSNP West Region so regularly organises and attends training / workshops relevant to neurology.

Courses / training days attended recently:

Unite professionals' conference 2018 and 2019

Cognitive Behavioural Therapy for Insomnia two-day course

Constraint-Induced Movement Therapy out of the journal and into practice workshop

Starting out in Stroke two-day course

How to do cognitive rehabilitation workshop, cognitive rehabilitation workshop for professionals, insight workshop and understanding and dealing with behavioural problems following brain injury by Brain Tree Training

Psychological care after stroke

Outcome measures in Occupational Therapy LSBU masters module