

Jenny Cooper

CMSUK Clinical CM of the Year 2019

Qualification Summary

Diploma of the College of Occupational Therapists, Welsh School of Occupational Therapy, 1988

Master of Science in Occupational Therapy, University of Derby, 2012

Professional Memberships

British Association of Occupational Therapists
HCPC
CMSUK

Membership number

BT0060014
OT16963
15-1460-A

Location

Midlands, Jenny is based in Nottinghamshire and has a 2- hour capture area

Key Case Management Skills:

- Multiagency interface working
- Excellent communication skills with clients, carers, treating team and stakeholders.
- Effective and decisive decision making under pressure.
- Client-centred working represented through meaningful, realistic goals and correct intensity of rehabilitation provision.
- Utilising a range of assessment skills to plan, adjust, implement a working, effective, commercially responsible treatment plan.
- Prioritisation of client needs, and advocate where required.
- Comprehensive report writing and update progress reports.
- Works flexibly taking into consideration the rehabilitation framework.

Clinical Skills and Expertise

Neuro Mental Health Dementia Autism Learning Disabilities Orthopaedics

Jenny has a plethora of transferrable skills from her clinical experience: assessment, treatment and evaluation of daily living skills, sensory processing, environmental adaptations and equipment, community access, leisure and interests, and occupational roles and routines.

Jenny is skilled in working with clients and family members, on an individual basis and within group interventions. Jenny is a flexible thinker with great listening skills, the ability to problem solve, and motivate clients following significant life changing trauma. Experience of de-escalation techniques and conflict resolution, she is adept at organising, planning, developing, and adapting; alongside facilitating, initiating, monitoring, and evaluating. Jenny has experience in the ongoing day to day liaison with multi-agency team members and working autonomously in the community setting.

Personal Profile

Jenny qualified as an Occupational Therapist in 1988 and has had continual practice since (over 27 years in NHS). She obtained her Master of Science in Occupational Therapy in 2012, the course provided her with the opportunity to gain knowledge on current evidence for OT practice whilst developing advanced clinical skills. Jenny has had experience of setting up a new OT service via a bid placed with service commissioners outlining the need. Jenny is a skilled, knowledgeable and experienced clinician, highly motivated to advocate for and empower individuals to lead fulfilling lives through engagement in meaningful occupation.

Professional Work Summary:

May 2015 – Present

Unite Professionals Ltd
Case Manager

July 2013-Present

Independent Occupational Therapist
Dementia, Mental Health, Neuro, Autism,
Learning Disabilities, Physical Disabilities

April 2004 – December 2015

Nottinghamshire Healthcare NHS Trust
Specialist OT, Community Intellectual
Disabilities

September 2001 – April 2004

NE Derby PCT
Senior OT, Adult Mental Health

Continued Professional Development including:

CMSUK Conference 2019: Creating Links and Breaking Boundaries
Case Management: The Fundamentals – Independence, Integrity and Accountability. Oct 2019
Clinical Management of Chronic Pain by Pain Relief Foundation. July 2019.
The Mild Traumatic Brain Injury Conundrum with Brain Tree Training. Sept 2018
Managing Life, Work and Fatigue following ABI in Adults by Oliver Zangwill Centre and RCOT. 2018
The Pain Game: Interdisciplinary Management of Personal Injury Pain with Rehab Direct. 2018
Court Familiarisation Training
Nuts and Bolts Training at St. George's Hospital – rehabilitation with Ilizarov
Application of Sensory Integration Therapy Principles with Older Adults. 2019
Dementia Champion Training – Alzheimer's Society. 2019
Assessment of Motor and Process Skills (AMPS) training



**CASE MANAGEMENT
SOCIETY UK AWARDS
2019
WINNER**